

## Review

This series will focus on Biblical principles used in the 12 step process of addiction recovery.

## Steps to Repentance

### 1. Realization

*that a change is needed*

### 2. Reform

*in behavior*

### 3. Resilience

*to continue the reformed behavior*

The following are two of the original twelve steps as published by Alcoholics Anonymous:

8. Made a list of all persons we had harmed, and became willing to make amends to them all.
9. Made direct amends to such people wherever possible, except when to do so would injure them or others.

“Never ruin an apology  
with an excuse.”

*Benjamin Franklin*

## Matthew 5

<sup>23</sup> “Therefore, if you are offering your gift at the altar and there remember that your brother or sister has something against you,<sup>24</sup> leave your gift there in front of the altar. First go and be reconciled to them; then come and offer your gift.”

# James 5

<sup>13</sup> Is anyone among you in trouble? Let them pray. Is anyone happy? Let them sing songs of praise. <sup>14</sup> Is anyone among you sick? Let them call the elders of the church to pray over them and anoint them with oil in the name of the Lord. <sup>15</sup> And the prayer offered in faith will make the sick person well; the Lord will raise them up. If they have sinned, they will be forgiven. <sup>16</sup> Therefore confess your sins to each other and pray for each other so that you may be healed. The prayer of a righteous person is powerful and effective.

# Reproving Another Who Sins

## Matthew 18

<sup>15</sup> “If your brother sins against you, go and tell him his fault, between you and him alone. If he listens to you, you have gained your brother. <sup>16</sup> But if he does not listen, take one or two others along with you, that every word may be confirmed by the evidence of two or three witnesses. <sup>17</sup> If he refuses to listen to them, tell it to the church; and if he refuses to listen even to the church, let him be to you as a Gentile and a tax collector. <sup>18</sup> Truly, I say to you, whatever you bind on earth shall be bound in heaven, and whatever you loose on earth shall be loosed in heaven. <sup>19</sup> Again I say to you, if two of you agree on earth about anything they ask, it will be done for them by my Father in heaven. <sup>20</sup> For where two or three are gathered in my name, there am I in the midst of them.”

# Forgiveness

## Matthew 18

- <sup>21</sup> Then Peter came up and said to him, “Lord, how often shall my brother sin against me, and I forgive him? As many as seven times?” <sup>22</sup> Jesus said to him, “I do not say to you seven times, but seventy times seven.”

# Galatians 6

<sup>1</sup>Brethren, if a man is overtaken in any trespass, you who are spiritual should restore him in a spirit of gentleness. Look to yourself, lest you too be tempted. <sup>2</sup>Bear one another's burdens, and so fulfil the law of Christ. <sup>3</sup>For if any one thinks he is something, when he is nothing, he deceives himself. <sup>4</sup>But let each one test his own work, and then his reason to boast will be in himself alone and not in his neighbor. <sup>5</sup>For each man will have to bear his own load.

<sup>6</sup>Let him who is taught the word share all good things with him who teaches.

## Galatians 6 cont.

<sup>7</sup> Do not be deceived; God is not mocked, for whatever a man sows, that he will also reap. <sup>8</sup> For he who sows to his own flesh will from the flesh reap corruption; but he who sows to the Spirit will from the Spirit reap eternal life. <sup>9</sup> And let us not grow weary in well-doing, for in due season we shall reap, if we do not lose heart. <sup>10</sup> So then, as we have opportunity, let us do good to all men, and especially to those who are of the household of faith.